

Foundation Warm-Ups for Strings

John McAllister

1

This section contains three staves: Violin, Viola, and Cello/Bass. The Violin staff begins with a note on the first line, followed by rests in measures 2 and 4, and a sharp sign on the fifth line in measure 5. The Viola staff begins with a note on the third line, followed by rests in measures 2 and 4, and a sharp sign on the fifth line in measure 5. The Cello/Bass staff begins with a note on the fourth line, followed by rests in measures 2 and 4, and a sharp sign on the fifth line in measure 5.

6 **7** **8** **9** **10**

This section contains three staves: Vln. (Violin), Vla. (Viola), and Vc. (Cello/Bass). In measure 6, the Vln. has a note on the first line. In measure 7, the Vla. has a note on the third line and the Vc. has a note on the fourth line. In measure 8, there are rests. In measure 9, the Vln. has a note on the fifth line, which is connected by a curved line to a note on the same line in measure 10. The Vla. and Vc. also have notes on the fifth line in measure 9, connected by a curved line to notes on the same line in measure 10.

11 **12** **13** **14** **15**

This section contains three staves: Vln. (Violin), Vla. (Viola), and Vc. (Cello/Bass). Each staff consists of a series of eighth-note patterns. The Vln. staff has a pattern of eighth notes on the first, second, and third lines. The Vla. staff has a pattern of eighth notes on the second, third, and fourth lines. The Vc. staff has a pattern of eighth notes on the third, fourth, and fifth lines. Measures 12, 14, and 15 feature rests where some staves play eighth notes and others rest.

2

16 17 18 19 20

Vln. Vla. Vc.

21

21 22 23 24 25

Vln. Vla. Vc.

26 27 28 29 30

Vln. Vla. Vc.

31

31 32 33 34

Vln. Vla. Vc.

35 36 37 38 39

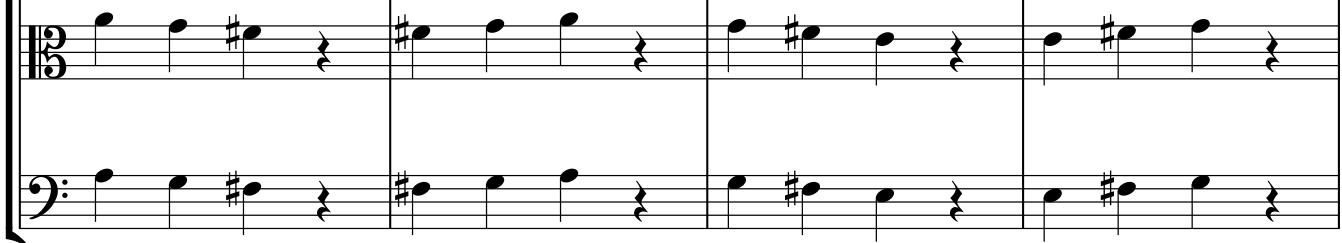
Vln. 

Vla. 

Vc. 

40 41 42 43

Vln. 

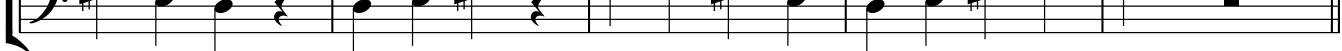
Vla. 

Vc. 

44 45 46 47 48

Vln. 

Vla. 

Vc. 

4

49

Vln. Vla. Vc.

50 51 52

53 54 55 56

Vln. Vla. Vc.

Vln. Vla. Vc.

57 58 59 60 61 62 63

Vln. Vla. Vc.

Vln. Vla. Vc.

64 65 66 67 68 69 70

Vln. Vla. Vc.

Vln. Vla. Vc.

Violin

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The sheet music consists of ten staves of musical notation for violin. Each staff begins with a measure number in a box. The measures are as follows:

- Staff 1: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Staff 2: 11, 12, 13, 14, 15, 16, 17, 18
- Staff 3: 19, 20, 21, 22, 23, 24
- Staff 4: 25, 26, 27, 28, 29, 30
- Staff 5: 31, 32, 33, 34, 35, 36, 37
- Staff 6: 38, 39, 40, 41, 42, 43
- Staff 7: 44, 45, 46, 47, 48
- Staff 8: 49, 50, 51, 52, 53, 54, 55, 56
- Staff 9: 57, 58, 59, 60, 61, 62, 63
- Staff 10: 64, 65, 66, 67, 68, 69, 70

The music is in common time and uses a treble clef. Measures 1-10 show a sequence of eighth notes and sixteenth note pairs. Measures 11-18 show eighth-note pairs followed by sixteenth-note pairs. Measures 19-24 show eighth-note pairs followed by quarter notes. Measures 25-30 show eighth-note pairs followed by sixteenth-note pairs. Measures 31-37 show eighth-note pairs followed by sixteenth-note pairs. Measures 38-43 show eighth-note pairs followed by sixteenth-note pairs. Measures 44-48 show eighth-note pairs followed by sixteenth-note pairs. Measures 49-56 show eighth-note pairs followed by quarter notes. Measures 57-63 show eighth-note pairs followed by sixteenth-note pairs. Measures 64-70 show eighth-note pairs followed by quarter notes.

Viola

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1 2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18

19 20 21 22 23 24

25 26 27 28 29 30

31 32 33 34 35 36 37

38 39 40 41 42 43

44 45 46 47 48

49 50 51 52 53 54 55 56

57 58 59 60 61 62 63

64 65 66 67 68 69 70

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1 2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18

19 20 **21** 22 23 24

25 26 27 28 29 30

31 32 33 34 35 36 37

38 39 **40** 41 42 43

44 45 46 47 48

49 50 51 52 53 54 55 56

57 58 59 60 61 62 63

64 65 66 67 68 69 70